

WHO IS THE POST- ABORTIVE WOMAN?

"We are everywhere. We are in churches. We are in shopping centers. We are in grocery stores. We work in daycare centers. We are high school dropouts. We are high school graduates. We have Bachelor degrees, Masters, and Ph.D. degrees. We work well below our level of capability. We work at the top level of corporations and governments.

Society is not going to punish us. We punish ourselves with self-destructive habits...drugs, alcohol, eating disorders, sexual dysfunction's, suicide attempts or completions, abusive relationships.

Years later something snaps and we can no longer bear the burden of our sin. We confess. Perhaps tentatively, carefully, cautiously, discreetly, prudently to a friend, a loved one, a boyfriend, a husband or a lover."

*Carol Everett,
former abortion provider &
woman who experienced abortion*



Broken From Silence

We are a Christian ministry overseen by pastoral leadership of Calvary Rio Rancho in New Mexico. Our mission is to build bridges with like-minded leaders and provide them with essential training and resources to equip them to implement a successful Restoring Wholeness ministry in their church. Together, we can guide individuals, through the working of the Holy Spirit, to restoration and a life that can flourish in Christ.



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THE AFTEREFFECTS OF ABORTION

THERE IS HELP, HOPE & SUPPORT FOR YOU



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COMMON SIDE EFFECTS OF ABORTION

The decision to have an abortion can negatively impact your mental health, and sometimes go unidentified for many years later. As Post Traumatic Stress (PTS) is used to define the stress and trauma reaction some military veterans experience, Post-Abortion Syndrome (PAS) is used to define the stress or trauma reaction some women experience after abortion.

Common side effects can include guilt, depression, anniversary reminders, flash-backs, nightmares, development of eating disorders, substance abuse, disruption of relationships, anxiety, sexual disorders, self-punishing behaviors, and even suicidal thoughts.

People run to many sources for relief from their pain. Many post-abortive women escape into alcohol, drugs, and other behaviors in what becomes a futile attempt to heal their wounds from abortion. While they may sometimes feel a temporal relief, the *bandage* eventually falls off and they become exposed to their pain once again.

Many even believe that their sorrow is beyond healing, that wholeness is impossible and that healing - *for me* - is a miracle that could never happen this side of heaven. And even worse, countless women who have aborted believe they're undeserving to be healed.

The trauma experienced from abortion is real but is rarely given the attention it deserves. If you are suffering from the pain after abortion, there is hope and healing for you.

RESTORING WHOLENESS AFTER ABORTION

If you're experiencing emotional effects after abortion, you're not alone. In fact, women who have experienced abortion are 81% more likely to experience challenges such as depression and anxiety (1).

While you may struggle to believe hope and healing is possible, the ministry of Broken from Silence is here to help you realize that both are possible and to support you along your healing journey.

"After sliding down a slippery spiral of self-destructing behaviors I had finally come to the end of myself and couldn't contain the deep secret any longer. My guilt has been forgiven, and I am set free!"
-Susan

THERE IS HOPE & HEALING

Contact Us

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ABORTION PILL REVERSAL

If you have taken the first does of the abortion pill and regret your decision, reversal is possible. It may not be too late.

Call 877-558-0333
AbortionPillReversal.com

(1) Coleman, PK. Abortion and Mental Health: Quantitative Synthesis and Analysis of Research Published 1995-2009." BJP 2011; 199:180-186

