HOMEWARD

Broken From Silence

BrokenFromSilence.org

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If you want to go deeper on your own, or want to have a gentle guide to walk you through this, scan the code to begin your journey to freedom

The Way to Mercy

RESTORING WHOLENESS

HEALING AFTER ABORTION

YOU ARE NOT ALONE

There are moments no one else knows about—the quiet grief, the question that never leaves, the weight you carry in silence. After an abortion, many women and men feel unseen, unworthy, or too broken for God to care.
But God's word says:



"You see me. You know when I sit and when I stand. You understand my thoughts from afar." – Psalm 139:2–3

You are not invisible to Him. He sees your pain. He hears your unspoken cries, and He is inviting you into healing.

A PERSONAL INVITATION

If you are carrying the weight of abortion, you do not have to carry it any longer.

Jesus invites you:

"Come to Me, all you who are weary and burdened, and I will give you rest."
– Matthew 11:28

You can begin today:

- Speak honestly to God
- Ask for His forgiveness
- Receive His grace
- Take a step toward healing with trusted support

THE WAY TO MERCY



GRACE is an undeserved free gift.

MAN is a sinner who cannot save himself.

GOD is merciful and doesn't want to punish us, but He is also just, therefore He must punish sin.

JESUS is fully God and fully man. He died on a cross and rose from the dead to pay the penalty for our sin and purchase us a place in heaven.

FAITH is the key that opens the door to Heaven. It is trusting in Jesus Christ alone for eternal life.

This booklet walks you through **10 biblical lessons from *Broken from Silence*** that show the path to spiritual healing after abortion. Each step is grounded in Scripture and built on the truth that **no one is beyond the reach of God's mercy.**

You don't have to stay hidden.



You don't have to carry this alone.

There is a way back to peace, forgiveness, and hope.

Let Jesus begin your healing today.

1

GOD SEES YOU

You are not invisible to God.

He sees your pain, your memories, and even the things you have never spoken aloud.

“Nothing in all creation is hidden from God’s sight.” – Hebrews 4:13

You may feel forgotten—but you are fully known.

10

YOUR STORY CAN BRING LIFE

What once brought pain can become a testimony of God’s grace.

“They triumphed… by the blood of the Lamb and by the word of their testimony.” – Revelation 12:11

Your healing can help others find theirs.



YOU DON‘T WALK THIS PATH ALONE

Healing is not meant to happen in isolation.

God provides safe people, wise counsel, and community.

“Carry each other’s burdens.” – Galatians 6:2

There are others who understand—and there is hope in walking together.



SILENCE KEEPS YOU BOUND



Many carry the secret of abortion in silence—covered by fear, shame, or regret.

But silence often deepens the wound.

“Whoever conceals their sins does not prosper, but the one who confesses… finds mercy.”
– Proverbs 28:13

Healing begins when truth is no longer hidden.

YOUR PAIN IS REAL



Grief, anger, regret, numbness—these are not signs of weakness.

They are signs that something sacred was lost.

Jesus said, "Blessed are those who mourn, for they will be comforted." – Matthew 5:4

God does not dismiss your pain—He meets you in it.

GOD RESTORES WHAT WAS BROKEN



God is not only a forgiver—He is a restorer.

"I will restore to you the years that the locust has eaten."
– Joel 2:25

He brings purpose, beauty, and healing where there was loss.

SHAME IS NOT YOUR IDENTITY

Many continue to live as if they are still condemned.

But in Christ, your identity changes.

“There is now no condemnation for those who are in Christ Jesus.” – Romans 8:1

You are not your past. You are redeemed.



SIN MUST BE FACED HONESTLY

The Bible is clear: all sin separates us from God.

Abortion is not beyond God’s forgiveness—but it must be brought into the light.

“For all have sinned and fall short of the glory of God.”
– Romans 3:23



Healing begins with honesty before God.

THE CROSS IS ENOUGH

Jesus died not only for “small” sins—but for every sin.

“While we were still sinners, Christ died for us.” – Romans 5:8

His sacrifice is sufficient—even for abortion.



FORGIVENESS IS OFFERED

God does not hold out forgiveness as a distant hope—it is freely offered now.

“If we confess our sins, He is faithful and just to forgive us.” – 1 John 1:9

You are not beyond grace.

