

Broken From Silence

TRUTH, GRACE, COMPASSION

Courageous Conversations

RESTORING WHOLENESS

Scripture-based prompt cards to help leaders and members speak with biblical clarity, listen with compassion, and offer hope-filled practical care.

“Speaking the truth in love.” -Eph. 4:15

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Group Instructions

In using these cards, make the group a practice space for Christlike presence, not a debate workshop. Aim for Scripture-shaped clarity, active listening, gentleness, and practical care—especially because abortion-related conversations may touch grief, trauma, or hidden experience.

Before the meeting:

- Read every card and its Scripture reference beforehand. Be prepared to say, "I don't know," rather than giving a rushed or overly certain answer.
- Choose only three to five cards per gathering. Depth is more helpful than trying to address every issue in one sitting.
- Have local, trusted referral information available.
- Arrange chairs in a circle, use name tags if the group is new, and make tissues and water available without making them the center of attention.

Establish group agreements: Read these aloud at the first session – and briefly revisit them in later sessions.

- We will listen before responding; we will be "quick to listen, slow to speak, and slow to become angry." — James 1:19
- We will speak from our own experience rather than make assumptions about someone else's story.
- Participation is invited, never forced. Anyone may pass on a question without explanation.
- We will not shame, argue with, correct, or attempt to "fix" a personal testimony.
- We will speak truth with grace, remembering that the goal is maturity in Christ, not winning an argument. — Ephesians 4:15; Colossians 4:5–6
- We will protect confidentiality outside the group, including in casual conversations and prayer requests.

Questions for each card

1. What does this Scripture teach us about God, people, truth, or mercy?
2. What words in the brief answer communicate compassion? What words might need greater care or clarity?
3. What might someone be feeling or fearing when they ask this question?
4. What is one listening question we could ask before offering an answer?
5. What practical support could the church offer in this situation?
6. How can we point to Jesus without using this conversation merely to win a point?

For example, with the card, "What would you say to a woman who feels she has no choice?", ask:

- "What circumstances might make someone feel trapped?"
- "How could we communicate, 'You are not alone,' before sharing Scripture?"
- "What tangible help could our church or ministry offer this week?"
- "What would a gentle first sentence sound like?"

A helpful practice response is: "Thank you for trusting me with this. I am so sorry this feels overwhelming. Would you be willing to tell me what support you need most right now?"

Lead with wisdom and care

Close every session with hope

End each gathering with the gospel, not merely a call to better arguments. Remind the group that God is near to the brokenhearted, and that His people are called to bear one another's burdens

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PROMPT CARD 1

“What would you say to someone who feels she has no choice?”

Someone facing an unexpected pregnancy may feel overwhelmed by fear, finances, relationship pressure, housing concerns, or uncertainty about the future.

Before offering an answer, begin by listening.

Ask:
“What feels most overwhelming right now?”
“How can I support you today?”

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RESPONSE 1

Speak with truth and compassion

"You are not alone. Your life matters, and your baby's life matters. We want to walk with you and help you find real support."

The church is called not only to value life in words, but also to carry burdens with practical care.

"Carry each other's burdens, and in this way you will fulfill the law of Christ." Galatians 6:2

A practical next step:
Offer to help identify immediate needs such as housing, food, transportation, medical care, childcare, employment support, or a trusted pregnancy-resource ministry trusted support.